



## **Membership Cancellation or Freeze**

To cancel or freeze your YouFit Membership, please follow the procedures outlined in your membership agreement, visit your nearest YouFit location, or contact ABC Fitness Solutions.

**Any information sent to ABC Fitness Solutions, LLC. must include your 10-digit membership agreement number.**

**ABC Fitness Solutions, LLC.**

**PO Box 6800**

**Sherwood, AR 72124**

**Email address: [customercare@abcfitness.com](mailto:customercare@abcfitness.com)**

**1-888-827-9262**